

Jim Ned School Health Advisory Council

Agenda and Minutes

Agenda: Ways to improve attendance and production of the SHAC.

Ideas for the improvement of school activities that effect students' health and wellbeing.

Discussion about the need of SHAC to evaluate the district's policy and procedure on mental health needs for students.

Minutes: Discussion is opened with the discussion of the mental health of students by campus. The elementary campuses seem to have a pretty good plan of action on this topic. However, these campuses have half the population of the middle school and high school. The high school and middle school do each have their own counselor, but have twice the number of children as the elementary schools.

The schools are very busy in the spring, especially with physical activities. Recess times are very generous, especially on great weather days. The need for increased physical activity at this time of year is not an issue. There are many choices for physical activity in the MS and HS. The lack of time for kids to eat is the biggest obstacle for the schools. Minute requirements and long lines are some of the biggest reasons for lack of time to eat. That is especially true on special occasions where the school schedule is shortened or interrupted.

The final discussion is on SHAC attendance. The lack of interest in being a part of SHAC is hard to overcome. With a school like ours, so many kids are involved in many afterschool programs. This also means parents, especially parents of multiple children, have very little time to invest in a group that requires so much extra time and work. The parents, who are interested, prefer to use the very limited free time they have with their children. Other community members will act interested, and then when the time comes, will not show up to meetings.

Members in Attendance: Tommy Bryant Chair

Michelle Bryant BG school Nurse

Cleone McClure Lawn school Nurse

Shasta McClure MS teacher

