

Jim Ned School Health Advisory Council

Agenda and Minutes

Agenda: Approving the Wellness Policy evaluation tool, evaluating the districts wellness policy, and discussing, amending and approving the Wellness Plan. The wellness plan is created by SHAC as written in school policy, and as directed by state law.

Meeting Minutes: The meeting is started by approving Thomas Bryant as the chairman of the SHAC.

Meeting moved to addressing the main subject on the agenda, evaluating the district's wellness policy. First, the tool created to evaluate the policy is reviewed and approved by SHAC. The evaluation tool is then used to evaluate the districts wellness policy. With this being the first evaluation, no ideas for improvement are introduced, as further study of the schools schedules and policies need to be reviewed more in depth by individuals before ideas of improvement can be introduced and discussed. It is suggested for members to go online to review each campus's schedules, and district policy.

The wellness plan is to be written by SHAC as addressed in the wellness policy. A template of a wellness plan is printed and introduced by MBryant RN. Changes are made that are tailored to Jim Ned CISD and the current system of things as they run. SHAC wants to start this way, so we can evaluate where the district is currently, and improve what we are currently doing, before recommending extra alternatives to the program. The wellness plan is approved by SHAC, and will be put on the school board agenda for approval if needed.

Membership is low, and although the meeting time and place were advertised on the SHAC webpage, no person present attended because of it. Being a smaller school district, in which the students are encouraged to do as many extracurricular activities as possible, free time is not a luxury many people have. There is no current interest in joining a council with such responsibility. Many of

the people, who are asked, are slightly interested until they find out how much work it takes to make this council what it needs to be. Of all the obstacles of SHAC membership, this is the biggest. Meeting times will continue to be advertised on the SHAC website. Other ideas for increasing membership will be discussed as they are submitted.

Next SHAC meeting tentatively set for Monday, December 4th at 4pm. Attendees asked to think of any subjects to discuss, ideas for recruitment of members, and any ideas to improve the schools attainment of the wellness goals. Meeting adjourned.

